

This is documentation for the Outward Respectability/Secret Vice theme. Apparently the “Vibrators and Hysterical Paroxysms” narrative is unproven and unlikely, save that it fits Nicole Telsa’s goals and would have been encouraged. Otherwise, the kinky stuff listed below were available in the Victorian era. Note that the last “enema and discipline” has been censored from the original.

In addition to the “Cockaigne” setting, this can be used as a reference for “which of these kinks can be worked into Vore” as well. Are rectal dilators training for AV, for instance?

<https://allpsych.com/timeline/>

Expurgated History of Psychology 1808-1896

1808 Franz Gall wrote about phrenology

1834 Ernst H. Weber published his perception theory now known as Weber’s Law.

1859 Charles Darwin published the On the Origin of Species.

1869 Sir Francis Galton, Influenced by Charles Darwin’s ‘Origin of the Species,’ argues that intellectual abilities are biological in nature.

1874 Carl Wernicke published his work on the frontal lobe, detailing that damage to a specific area damages the ability to understand or produce language

1878 G. Stanley Hall received the first American Ph.D. in psychology. He later founded the American Psychological Association.

1879 Wilhelm Wundt founded the first formal laboratory of Psychology at the University of Leipzig.

1883 The first laboratory of psychology in America is established at Johns Hopkins University.

1886 Sigmund Freud began performing therapy in Vienna, marking the beginning of personality theory.

1890 “Mental Tests” now known as psychological assessment.

1890 William James published ‘Principles of Psychology,’ that later became the foundation for functionalism.

1890 New York State passed the State Care Act, ordering indigent mentally ill patients out of poor-houses and into state hospitals for

treatment and developing the first institution in the U.S. for psychiatric research.

1892 Foundation of the American Psychological Association.

1895 Alfred Binet founded the first laboratory of psychodiagnosis.

1896 Writings by John Dewey began the school of thought known as functionalism.

1896 The first psychological clinic was developed at the University of Pennsylvania marking the birth of clinical psychology.

<http://www.prisonersofeternity.co.uk/victorian-eroticism-and-sexuality/>
Victorian Eroticism and Sexuality *warning contains adult material

Victorian Britain was a society of extremes, great wealth sat uncomfortably alongside absolute poverty and it has been estimated that at some time or other one woman in six had turned to prostitution to fend either for herself or her family. In 1887, the medical journal *The Lancet* stated that there were 80,000 working prostitutes in London alone or 3% of the city's population.

In Elizabethan times it had been believed that the accumulation of female sperm known as "Green Sickness" drove women insane. This view had not changed in the three hundred years since and the hysteria, or insanity, could be relieved by operating on the clitoris or by forced masturbation. Such operations were indeed carried out but remained a secret as knowledge of such would reduce the woman's value in the marriage bed.

In 1885 the Criminal Law Amendment Act criminalised acts of gross indecency between men, but there was no provision made in the law for women committing a similar offence. It is believed that Queen Victoria herself struck out the clause referring to women refusing to believe that such a thing existed. Lesbianism then was a myth. Two



overtly lesbian women in a relationship would be referred to as “companions.”

It was a fact that spanking, flagellation, and images of sado-masochistic sex dominated Victorian pornography. More than 50% of all pornographic books published in the Victorian era had a flogging theme, perhaps reflecting the Public School background of many of its

authors who would have been subjected to regular canings, beatings, and ritual humiliations as small boys.

This theme was continued in the illustrations of the young Aubrey Beardsley who portrayed young women their bare buttocks prominent on their knees cowering at the feet of Victorian gentlemen with a riding crop in their hands or in bare breasted chastisement of one another.

But it was the obsession with buttocks that reflected the equal obsession with anal intercourse, the so-called English vice.

Books such as *My Secret Life* by Henry Spencer Ashbee and *The Lustful Turk* published anonymously, told graphic tales of abduction, sexual enslavement, anal rape, and castration, and could be easily purchased by those in the know.

It was also easy to come by postcards and photographs of naked young women in provocative poses.

The thick moral blanket that cloaked so much of life in Victorian Britain most affected the middle and upper classes. The working class were always able to live their lives with a greater freedom, or at least as much freedom as a life of often extreme poverty would allow, though the stigma attached to sexual misdemeanour remained.

Even so, it was never difficult to find sex for sale on the streets of London. Cruising was common and the city's parks were notorious as places to procure sex, and there were any number of "Park Whores" both male and female available at a price for illicit sex in the dead of night.

<https://academic.oup.com/hwj/article/82/1/177/2499415>

Fallen Women and Foundlings: Rethinking Victorian Sexuality

The Foundling Hospital opened in 1741 as a home for abandoned babies; ... from 1768 the system became increasingly formalized, with mothers required to fill out a form or petition.

So what would happen if an unmarried woman became pregnant, was unable to support her baby and wanted to apply to have it admitted to the Hospital? She would begin by collecting a petition at the entrance of the



Hospital. They had also to describe the circumstances of their sexual relationship. What is described most frequently in the petitions is rape and assault (usually couched in the melodramatic language of seduction); accounts of women being drugged, raped, and later abandoned by the father. Other stories relate to consenting and committed sexual relationships, but tell of desertion when the father discovered the pregnancy.

Once this evidence had been gathered, a decision was made either to accept or to reject the application. If the mother's application was

successful and the baby was accepted, the mother would be given a note for admission, setting out the date and time that the baby would be received into the Hospital (the idea was to foster the babies and give women a chance to “redeem” themselves).

https://en.wikipedia.org/wiki/Dr._Young%27s_Ideal_Rectal_Dilators

Dr. Young's Ideal Rectal Dilators

Dr. Young's Ideal Rectal Dilators were [medical devices](#) sold in the United States from the late nineteenth century until at least the 1940s, part of the burgeoning market for [patent and proprietary medicines and devices](#) at the time.^[1] They came in sets of four "torpedolike"^[2] hard-rubber^[3] (later, plastic)



**IN PILES AND
CONSTIPATION**

The best results may be obtained by the use of . . .
YOUNG'S
self-retaining . . .

RECTAL DILATORS

They are made of hard rubber and come in sets of four sizes. May be used by any intelligent person. Their use accomplishes for the invalid just what nature does daily for the healthy individual. If you will prescribe a set of these dilators in some of your obstinate cases of Chronic Constipation you will find them necessary in every case of this kind. Price to the profession, \$2.50 per set. Sold by leading instrument houses and

F. E. YOUNG & CO.,
46 Michigan Avenue, - CHICAGO

instruments varying in diameter from ½ to 1 inch and in length from 3 to 4 inches,^[4] and according to a retrospective article in *The American Journal of Gastroenterology*, were no different from modern [rectal dilators](#).^[5] An 1893 *Medical News* editorial noted that "Dr. Young" himself, writing in another journal of which he was the editor, praised rectal dilation as a cure for insanity, claiming that at least "three-fourths of all the howling maniacs of the world" were curable "in a few weeks' time by the application of [official methods](#)". Also see:

<http://www.sexualhistorytour.com/category/anal-sex/>

<https://www.thewhoresofyore.com/kates-journal/buzzkill-vibrators-and-the-victorians>

Buzzkill: Vibrators and the Victorians.

Provides evidence that vibrators and doctors manually fingering their patients were not likely in a society that tolerated clitoridectomy to prevent female masturbation, though vibrators and pelvic massages existed at the time.

<http://enemahistory.com/can.html>

Enema History

<https://www.ancient-origins.net/history-ancient-traditions/fallen-women-were-victorian-prostitutes-really-fallen-006803>

The Fallen Women: Were Victorian Prostitutes Really Fallen?

The Victorian era is notoriously known as an era of female repression: sex, drugs and rock and roll—or rather, their Victorian counterparts—were believed to be highly taboo topics of conversation, and entirely unheard of in female spheres. However, in truth, the Victorian era was the age of sexual ingenuity and an increased level of sexual freedom.

In reality, sexual license grew between the 1840s and 1860s as a way for women to become socially and economically independent. Pleasure gardens and brothels were relatively common as prostitution was a very strong way to make money when a woman was husbandless or even

widowed. More interestingly, some husbands allowed their wives to take a "side job" as a prostitute to supplement the family income. Until the 1870s, it was "normal" for Victorian families to be very large—children were a sign of a strong marriage and served as an increased work force for the families. But many children also meant there were many mouths to feed. If the woman of the family worked as a prostitute, there likely would have been a very substantial increase in the family's income.

<https://listverse.com/2016/05/03/10-facts-about-prostitution-in-the-victorian-era/>

10 Fascinating Facts About Prostitution In The Victorian Era

1. highest paying woman's job
2. 3 levels (high, middle and low class)
4. wives side gig
5. legal at 13 (later raised to 16, prostitutes were arrested on other charges, like vagrancy or such)
6. themed brothels (bds, etc.)
7. educated
8. travel guides to brothels
9. Dickens started home for wayward girls
10. forced medical exams (to detect STD's)
11. reformatories

<http://enemahistory.com>

Site shows enemas through history as far back as 1500 BC (Egypt). Looking for info on victorian enemas, I found out they're world wide through history. So any civilization on Aithair has an enema subculture. Site has enema films.

https://www.staylace.com/textarea/satmagrcdfb_add.htm

ENEMAS AND THE VICTORIAN CORSETTING ROUTINE

most, well-corseted women habituated themselves to having a bowel movement in the morning or evening by taking an enema. It eliminated complications that arose from doing "number 2" while wearing a corset and an elaborate set of undies, especially before toilet

paper had been invented. (I believe people who could afford it used sponges.)

Drawers had slits in them to facilitate this sort of thing (peeing). But doing "number 2" would have been problematic, as she'd have had no toilet paper, she'd have had to remove her drawers (they'd be soiled otherwise, lacking a sitting-surface to keep their two halves apart), the process would have taken over a minute (and couldn't have been easily interrupted if someone were heard approaching, unlike urination), and there'd have been an embarrassing and inconsiderate remnant left behind.

Even in the 20th century some women probably continued this practice, either because it was handed down by their mothers, or because they discovered it made things simpler in the bathroom at work. E.g., it's easy to urinate when wearing an open-bottom girdle (OBG) with panties underneath, by simply pushing the crotch of the panties aside. (Provided the girdle isn't one that comes far down the thighs.) But doing "number 2" requires (at least) undoing the back garters, rolling up the back of the girdle, and pulling the panties down to the top of the stockings. And clean-up afterwards, with the undies in such disarray, must have been a bit tricky. Doing "number 2" on a

regular schedule at home, when the girdle was off, would have seemed preferable to some.

<https://www.staylace.com>

<https://www.staylace.com>

<https://www.staylace.com/textarea/satmagrcdftb.htm>

Corsetry site

<https://www.asstr.org>

alt sex stories text repositories

<https://www.asstr.org/files/Authors/Dickins/>

[AN%20ARCHIVE%20OF%20MY%20FAVOURITE%20STORIES/](https://www.asstr.org/files/Authors/Dickins/AN%20ARCHIVE%20OF%20MY%20FAVOURITE%20STORIES/)

[STORIES%20BY%20ANONYMOUS/](https://www.asstr.org/files/Authors/Dickins/STORIES%20BY%20ANONYMOUS/)

[A%20Review%20Of%20Victorian%20Discipline.txt](https://www.asstr.org/files/Authors/Dickins/A%20Review%20Of%20Victorian%20Discipline.txt)

(I can't vouch for the accuracy of this. It's on a "story" website. However, it certainly sounds plausible)

A REVIEW OF VICTORIAN DISCIPLINE

By Anonymous

It was in the 1800's during the reign of Queen Victoria, that England very rapidly grew into a rich nation. Many of her citizens became wealthy and were able to afford to pay others,

nannies, governesses and tutors, to take over the raising of their children.

At the same time medical opinion invented the condition of auto-intoxication or self-poisoning from colonic wastes while industry, with the invention of vulcanized rubber, was able to mass produce tubing and syringes.

So was born the "Victorian Enema", a phrase that conjures up visions of white starched nurses, red rubber syringes, and above all, gallons and gallons of hot, strong, green soap suds. ... in the absence of disposable diapers and washing machines, a stool in the potty (via enema or laxative) meant much less work!

It was probably the single-minded zeal with which those Victorian

ladies performed their job that has left the legend as it is today. Not for them a mere pint of two of lukewarm water, but the colon had to be fully distended with at least a quart of hot, strong soap solution to do a proper job. For more stubborn cases, there was the 1-2-3 enema: 1 oz of turpentine, 2 oz of ox bile, 3 oz of green soap, all mixed into 2 quarts of hot water, injected high up through a long red colon tube.

The Victorian concept of discipline is well known, and so many ... became sexually oriented to whipping and flagellation that it became known in Europe as the "English Vice". It was also held by some English educators and medical men that bad behavior was one of the symptoms of auto intoxication, and they, therefore, advocated combining whippings with enemas and colonic irrigations in order to treat the cause as well as

the effect. The natural inventiveness of the age, together with this obsession for strict punishment led to a variety of retention devices being developed for their simultaneous administration. These were mostly a variation of the basic retention cone often fitted with an adjustable anal pad and a stopcock so that the tubing could be removed and not be in the way of the administration of punishment while the enema was forcibly retained. The natural result of all this ... anal activity was that a significant number ... were turned on sexually while receiving enemas and discipline. And in later years would insist on re-enactment of those days for sexual pleasure.

In the large bathroom on the second floor of many a wealthy Victorian's mansion sat an enema chair.

Basically, it was a very simple device: a wooden arm chair ... through

the seat of which was fitted a brass tube. About an inch of this protruded above the seat and was threaded for the attachment of whatever nozzle was appropriate. From a pole at the back of the chair hung a red rubber enema bag, and beneath the seat, a soil pipe opened into an enamel bucket. A valve controlled the filling and emptying of the bowel while, for strict retention work, wrist and lap straps were often employed.

A CASE HISTORY:

Once a month, usually on a Friday, a certain Nurse Forbes would visit the mansion for the express purpose of administering enemas... Punishments were given by the governess ... also to the female staff, for that was a time when servants were regularly beaten. A whipping horse of the finest quality was provided for the purpose, and ...(the

governess) kept her own collection of canes, straps and whips in a special locked drawer in the ... cupboard. If correction was due, it usually took place on an enema day. The guilty one ... would be called up to ... where Nurse Forbes had already finished with ...(the others). The ... (guilty one) was, by this time, nervously twisting her handkerchief into knotted ruins in her anguished anticipation of the unavoidable punishment awaiting her. Even the downstairs staff of servants well knew what she was expecting, for in a place of the usual knee length middy skirt she usually wore, ... a special "punishment skirt" was substituted, to be worn throughout the entire day discipline was given. ...it was incredibly short, its pleated hem barely down to the curve of ... (her) buttocks. The tall dark stockings had vanished, and ...(her) pale legs were quite bare, save for

little-girl ankle socks and black patent "Mary Jane" shoes. It was, in fact, (the governess) intention that the culprit feel like a very little child again - and to have everyone else recognize it too.

The effect of wearing such a humiliating costume on the intended victim was stunning; she felt quite naked and vulnerable, and she indeed was. Although she was fully clothed, in fact. A modern reader must realize that in the Victorian Era, a ... girl's knees were virtually NEVER seen! The rest of the household, from the snickering stable boy to the ultra proper butler to the youngest servant from the "Charity" - all could see that a naughty girl was, that day, going to be punished.

(I've heavily censored this